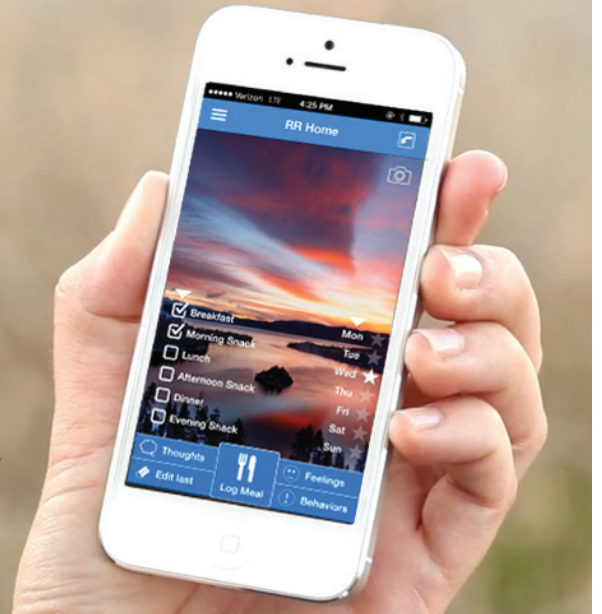


Say “hello” to the latest member of your treatment team.

Recovery Record is an eating disorder recovery app that fits seamlessly into your life and links with your treatment team to help you achieve lasting recovery.



## Overview of Recovery Record

Over 300k people with eating disorders use app

Over 10 million self-monitoring sessions have occurred within RR

Personalized, mobile enabled care

Secure team connection within the app

## Unique to Eating Recovery Center



✓ User experience uniquely customized with ERC treatment philosophy, clinical content, and dietary exchanges

- Acceptance and Commitment Therapy, Radically Open Dialectical Behavior Therapy

✓ When you return home, you will have ongoing access to the app and the option to link with your outpatient provider

✓ ERC is working with RR to innovate and pioneer a new way of collecting data through mobile to further research and treatment outcomes.

# Ready to go?

**Install:** Go to the App Store on your Android or iPhone. Type in "Recovery Record" and click Install.

## STEP 1. INSTALL

**Link:** Your clinician will give you their 5-digit Link Code. Type this code into Clinician Connect and click Invite. Once linked, your data will be securely sent to your clinician's app.

## STEP 2. LINK

**Explore:** Head to the menu and check out the features. Go to **Settings** and customize your app to fit you. Be sure to enable Push Notifications – Recovery Record works best with these on!

## STEP 3. EXPLORE

### Your Data



**Clinician Link:** When you link with a Clinician, you give him or her permission to see all of your data. Once treatment is complete, unlink with your clinician and they will stop having access to your data.

**Dashboard Link:** You will also see an ERC Dashboard icon in your app. This gives permission to Eating Recovery Center to see your outcomes in order to evaluate and improve care. This link is designed to be kept post-treatment - you will receive in-app surveys at 3, 6 and 12 months.



Recovery Record is HIPAA compliant.  
Your data is encrypted and secure!



### Important things to note

- Recovery Record is HIPPA-compliant. This means that your information is kept securely, even when shared with your treatment team via the app.
- Recovery Record app should not be used to report emergencies. In the event of an emergency, please contact staff (if outside of program hours) or visit your nearest emergency room.
- Your treatment team is not expected to be aware of, nor respond to, events reported in your app, except in session or as your clinician chooses.
- Recovery Record provides information, not medical, legal, or psychological advice, diagnoses, or treatment.